



Adult Race Disclaimer

SURVIVAL - Saturday 5 October 2019

Please read and bring a signed copy of this disclaimer with you to your booked session of SURVIVAL. Your signed disclaimer will be exchanged for your race number. A disclaimer must be completed by everyone running the course.

Participants aged 16 - 18 must have the disclaimer signed by a parent/guardian.

1 SAFETY – KEY RESTRICTIONS AND OBLIGATIONS

- 1.1 SURVIVAL is a 5km and 10km obstacle course comprising a series of physical challenges, including crossing deep water. Participation is not without risk of injury due to the nature of the physical activity required to complete the course.
- 1.2 You must be able to swim 25 metres to enter the lake otherwise this obstacle must be avoided.
- 1.3 Only persons of 16 years and over are permitted to take part. It is your responsibility to ensure that all members of your party meet this age restriction (proof of age may be required on the day).
- 1.4 We reserve the right to refuse admittance to SURVIVAL or to remove a participant from the course without refund or compensation should we deem it necessary to do so. This includes, any participants who:
 - 1.4.1 are under the age of 16 years old;
 - 1.4.2 do not comply with any safety rules made known to them by our representatives on the day
 - 1.4.3 are deemed under the influence of alcohol or drugs; and/or
 - 1.4.4 behaves in an inappropriate manner.

2 HEALTH DISCLAIMER

SURVIVAL is physically demanding and requires a degree of agility, strength and stamina. Ticket holder(s) accept that this activity is dangerous and could result in death and/or injury. It is your responsibility to take any medical condition(s) and/or limitations

you may have into account and to ensure that you do not go beyond your personal limits when taking part in SURVIVAL. If you have any doubts about whether you should take part, you should seek advice from your doctor. No refunds or compensation will be payable by us in the event that you do decide not to partake or complete SURVIVAL due to health reasons.

3 CLOTHING

- 3.1 It is the responsibility of all participants to ensure they are dressed appropriately bearing in mind the nature of SURVIVAL and the weather conditions on the day of your attendance.
- 3.2 Prepare to get wet and muddy.
- 3.3 We shall not be responsible for any damage and/or loss to clothing or to other personal items resulting from participation in SURVIVAL.

In addition you are reminded that whilst taking part in the SURVIVAL obstacle course event you must:

- Keep moving forward and not double back
- Skip any obstacles you do not wish to tackle (such as crossing the lake)
- Not barge or deliberately knock into other participants
- Help each other over the higher obstacles
- Alert a steward immediately if you feel unwell or injure yourself.

Please note photography and video will be taken by professional photographers at the event. These photos/video will be used by Betteshanger Park and MY/PT for marketing purposes. Should you wish your image not to be used in this manner by Betteshanger Park or MY/PT please make the photographer(s) aware you do not wish to have your photo taken.

I confirm that I have read and understood the Terms & Conditions under which I purchased tickets for SURVIVAL, I am aware of the risks involved in taking part and the above clauses concerning safety and health and hereby release the organisers, landowners and other organisations associated with SURVIVAL from claims or liability arising from participation.

Name:

Signed:

Date:.....

Participants aged 16 - 18 must have the disclaimer signed by a parent/guardian:

Parents Name:_____ Signature:_____

Emergency contact details:

Name: Mobile: